

Testimonials

I had the most successful ride ever on Mojo today. Tacking up with NO issues. She actually stretches into the girth. Got her into frame, doing Shoulders Ins and Haunches Ins, and the best, most rounded, balanced canters ever. She's like a new horse.

You've given me the horse I always knew she could be. I cannot thank you enough.

Marie L., Bowmanville, ON

... She was a different horse. We worked at liberty and I feel like I have my girl back. She didn't kick at her belly, not once! She seemed so comfortable.

I cannot thank you enough!

Cathy B-T, Bowmanville, ON

My older boy started acting not like himself. He's a child and beginner-friendly mount. He started pinning his ears and becoming nippy during grooming and tacking. Lisa assessed him, a few things were discovered, one of which was an extremely sore back! After his second session, it was like night and day and by the third, he was almost back to his old self. A little more rest and my old mount had returned. Amazing Results!

Melissa G, Orono, ON

Earl, from Primrose Donkey Sanctuary. Before and after 1 week apart.

BEFORE

AFTER

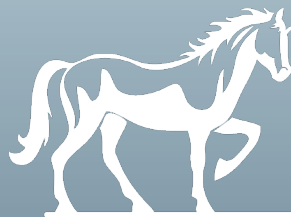


These photos were taken only 2 sessions apart .. one session per week.

Is your horse straight or does he display natural asymmetry?

Crookedness can reveal itself as tripping, loss of power, ill fitting saddle, attitude, gait irregularity and could lend itself to injury such as sprains, fractures, leg/muscle strain, etc.

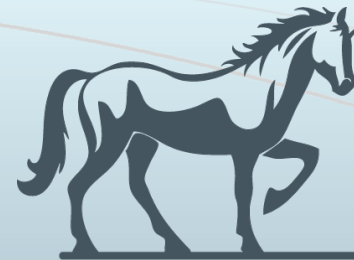
Eqcentric can help with straightening your horse, creating a better-balanced companion.



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EQUINE
SOLUTION**

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Eqcentric's Services do not in any way replace veterinarian diagnosis



**BALANCED
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**A Holistic Approach
to the Health of Your
Horse**

Eqcentric - (ək sen'trik) adj. deviating from and surpassing the norm toward your horse's well being.

Serving Central Ontario, LOB 1B0

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What Does Eqcentric offer?

Eqcentric marries several non-invasive equine bodywork modalities, incorporating Equi-Bow, CranioSacral Therapy (CST), Kinesiology Taping, Tapping, SureFoot® stability pads, massage, plus others. ... **and how does it work?**

Not chiropractor work, nor is it traditional massage, it can profoundly influence the body and its structures leading to improved movement.

Bones hold up the body. Bones can only do what muscles tell them to do. Nerves inform the muscles what to do, how tight or relaxed they should be. Nerves require only a gentle touch.

Eqcentric protocol works with the nerves, accessing the Central Nervous System, primarily via fascia. It is by this means we are able to 'reset' the body's system to restore structural integrity, influence better posture, resulting in better biomechanically-correct movement.



The body holds patterns of pain and other physiological dysfunctions, which over time, translates to learned behaviour.

What if by disturbing or interrupting these patterns, we can 'reprogram' the body to begin utilizing itself more correctly?

What if the body begins to shift skeletal, muscular, soft tissue, internal systems, resulting in the body beginning to balance itself?

What if what you think is **Conformational** is simply **Postural**? We can influence posture.

What if your horse is moving crooked due to pain? Simply 'riding through that pain' could cause additional pain.

Behavioural issues/attitude, begin to diminish, by addressing the root cause.

- Is your horse right or left bended?
- Does your saddle always shift or slide one way when you ride?
- Does your horse get anxious or spooky?
- Does your horse give you attitude when tacking?
- Difficulty picking up or holding the leads?
- Pulling on the reins?
- Back sore to touch?
- Bucking or rearing?
- Short striding?



Releasing restrictions/misalignments of the fascia, tissue and skeleton will often result in OPTIMAL PERFORMANCE!



- **A BALANCED HORSE IS A CONFIDENT HORSE**
- **A CONFIDENT HORSE IS A LESS REACTIVE/SPOOKY HORSE**
- **A BALANCED HORSE IS LESS PRONE TO INJURY**
- **A BALANCED HORSE IS RELAXED AND A PLEASURE TO RIDE**