

Testimonials

I had an absolutely amazing first experience! While at a sorting event with my quarter horse mare, she began shifting her weight and wasn't as responsive as she normally would be. Thankfully Lisa was also on site at this event and worked her magic! Less than 5 minutes later I was visibly watching my mare relax and find comfort! Lisa provided exercises to further assist us. The remainder of our rides, were right back on track! Highly recommended!!

Randie Allysa, Norwood, ON

Lisa worked with our little Dylan a miniature donkey, he was having some serious troubles, after his first session with her he had a little regression episode but after that he was much better. He is back to his badass mischievous self again, feeling great and no more medical troubles.

EQCentric Note: Important to note that the veterinarian was consulted and examined Dylan prior to any Equi-bow work, and found nothing out of the ordinary.

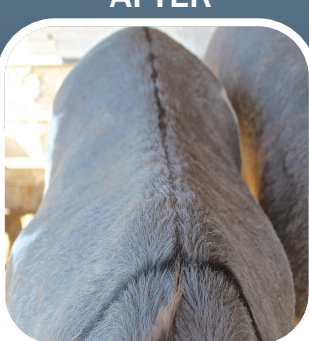
Janet Martin, Clarington, ON

Un-named Client:

BEFORE



AFTER



These photos were taken only 2 sessions apart. One session per week.



Addressing An Issue or Desire for Enhanced Performance? ...

Typically benefits are realized after one session, and lasting benefits after 3 or more. Depending on the level of performance required from your equine athlete, EQCentric can develop a program appropriate for your horse's needs.

We invite you to try our services for yourself. Begin with an overall Basic Body Balance. Weather you are interested in a maintenance program to aid in prevention of injury or are in need of some therapeutic assistance to your recovery program, EQCentric may be able to help.

EQCentric's Services do not in any way replace veterinarian diagnosis or care



A Holistic Approach to the Health of Your Horse

EQ-Cen-tric (ək sen'trik) adj. deviating from and surpassing the norm in the caring of horses

Serving Central Ontario, LOB 1B0

WWW.EQCentric.com

Lisa Byers – CEBP,CETP

www.EQCentric.com

Info@EQCentric.com

905-259-7850



What is Equi-bow?

What exactly is Equi-Bow and how does it work? Without getting into too much detail, it is easiest explained as a series of light, non-invasive, touches specifically placed on the body. It works by accessing the Central Nervous System, via the communication web throughout the body. Through muscles and fascia primarily, it 'resets' the body's system to restore structural integrity and promote self-healing capabilities.

Equi-bow for a Balanced Horse

The body holds patterns of pain and other physiological dysfunctions, which over time, translates to learned behaviour. By disturbing or interrupting these patterns, the nerve transportation highway can 'reboot' the communication to the body to begin utilizing itself correctly. The body begins to shift skeletal, muscular, soft tissue, internal systems, etc., resulting in the body beginning to balance itself. Many **Conformational** issues are typically **Postural** issues.

Behavioural issues ("He's always done that") begin to diminish, due to addressing the root cause. When your horse is functioning optimally, you can expect:

- less likelihood of injury
- improved performance

With more flexibility, there is freedom in movement.

- Does your horse go easier to the right vs. the left?
- Do you have to shim your saddle pad in order to achieve a good saddle fit?
- Does your horse get anxious or spooky?
- Does your horse give attitude when tacking?
- Unable to touch ears?
- Unable to engage the hind-end?
- Pulling on the reins?
- Back sore to touch?
- Coughing/Breathing issues?
- Bucking or rearing?
- Short striding?
- Desire to improve performance in Barrels, Hunter/Jumper, Reining, Xtreme, or Cowboy Dressage?



Releasing restrictions/misalignments of the fascia, tissue and skeleton will often result in OPTIMAL PERFORMANCE!



Lisa supports her practice with Equi-tape, kinesiology taping for horses.



Equi-tape is specifically designed to work with animal fur for better adherence, offering improved circulation, pain management, and muscle relaxing or

assistance, and support. It is a unique ability to support by encouraging movement and circulation, not impeding it, as is the case with stiff braces/bandages.